

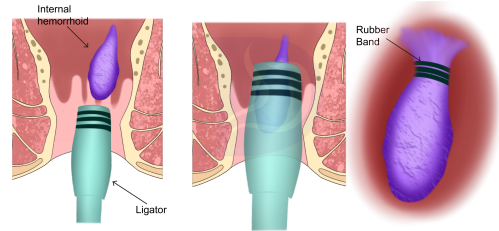


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Hemorrhoid Banding/ Injection Instructions

After Your Endoscopic Procedure



Preparation

Purchase a rectal Fleet enema from your pharmacy. This must be used 2hr prior to your procedure.

Number of hemorrhoids banded/injected: _____

What is expected in the first 48-72hr?

- Slight bleeding with or without bowel movements
- Some discomfort in the bum/perineum
- Sensation of needing to have a bowel movement
- Some bleeding after 7-12 days when the hemorrhoid sloughs off

What should you do?

- Avoid constipation (daily fibre supplementation and stool softeners as needed)
- Simple analgesia (e.g., Tylenol, Advil)
- Hot water sitz baths
- Banding may need to be repeated in 2-3 months if symptoms persist

When should you see a doctor?

- Excessive pain
- Excessive bleeding per rectum
- Difficulty passing urine
- Fevers/chills

Managing pain

It is normal to have some discomfort or pain. This should slowly improve but might last a few days to weeks. Your pain should still allow you to move, deep breathe, poop, and do every-day tasks.

Contact Dr. Jedrzejko if you would like to book an in-person or phone follow-up appointment 2-3 weeks after your procedure.

Niagara Health | South Niagara Sites

Niagara Falls Hospital - 5546 Portage Rd, Niagara Falls, ON L2E 6X2
Welland Hospital - 65 Third St, Welland, ON L3B 4W6

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